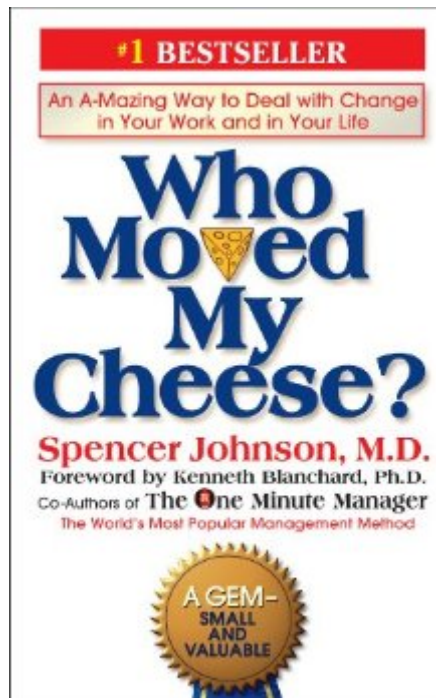


The book was found

Who Moved My Cheese?: An A-Mazing Way To Deal With Change In Your Work And In Your Life



Synopsis

With *Who Moved My Cheese?* Dr. Spencer Johnson realizes the need for finding the language and tools to deal with change--an issue that makes all of us nervous and uncomfortable. Most people are fearful of change because they don't believe they have any control over how or when it happens to them. Since change happens either to the individual or by the individual, Spencer Johnson shows us that what matters most is the attitude we have about change. When the Y2K panic gripped the corporate realm before the new millenium, most work environments finally recognized the urgent need to get their computers and other business systems up to speed and able to deal with unprecedented change. And businesses realized that this was not enough: they needed to help people get ready, too. Spencer Johnson has created his new book to do just that. The coauthor of the multimillion bestseller *The One Minute Manager* has written a deceptively simple story with a dramatically important message that can radically alter the way we cope with change. *Who Moved My Cheese?* allows for common themes to become topics for discussion and individual interpretation. *Who Moved My Cheese?* takes the fear and anxiety out of managing the future and shows people a simple way to successfully deal with the changing times, providing them with a method for moving ahead with their work and lives safely and effectively.

Book Information

File Size: 541 KB

Print Length: 96 pages

Publisher: G.P. Putnam's Sons; 1 edition (September 8, 1998)

Publication Date: September 8, 1998

Sold by:Â Penguin Group (USA) LLC

Language: English

ASIN: B004CR6AM4

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #11,567 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 inÂ Kindle Store > Kindle eBooks > Business & Money > Organizational Behavior > Workplace #11 inÂ Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Stress Management #12 inÂ Kindle Store >

Customer Reviews

This reviewer remembers having gone to the office (at a then "Big 5 "accounting firm) one day back in 2000 and having found this so-called book (in actuality this "book" more of a pamphlet than a book) on his desk. This reviewer's first reaction was to think it was a joke. He called one of his fellow staff members to ask if it was a joke and was quickly informed that every employee in the firm had received, like the reviewer, a copy of this "book" at his or her desk. Knowing that the distribution of this book on a wide level usually portends some massive "change" at the office this reviewer was not happy to find out it was not a joke. The reviewer was very tempted to throw out the book but knowing, based on the fact that everyone in the firm received, we could all be out of work it was wise to, instead, keep for something to do while unemployed (that moment came about four months after the book was passed out). After reading it, while unemployed, the reviewer developed a very negative opinion of it (the reasons for this are discussed below). About 13 years later this reviewer saw an employee with this book (at another firm). He thought to himself, was this book really as bad as he remembered it? After all, he remembered it as one of the most insulting books he had ever read. Perhaps it was just a poor memory (and the years) playing a cruel joke. Hence he decided to re-read it again. Unfortunately, after reading it again, the memories were only found to be correct. This was truly one of the most insulting books this reviewer had to read, never mind having been given as a "gift". This was the case on so many levels. First of all this "book" is written for 10 year olds, in terms of both style and content.

I was required to read "Who Moved My Cheese," and to post this review, as part of my masters' degree curriculum. I read the book in the bathroom of room 817 of the Chattanooga, Tennessee, Marriott Hotel. While our two children (aged five and two), slept peacefully in the hotel beds in the next room, I sat up on the vanity near the sink, while my husband stretched out in the tub, reading Karen Armstrong's "The Battle for God." How did we come to be thus: reading books in a small, uncomfortable room under a brash and flickering florescent light? In fact, just hours before, someone had Moved Our Cheese. That someone was the Sheraton Read House Hotel down the street which, despite our having paid in advance through lodging.com for a two-room suite, had, upon our arrival at 4:30 p.m., given that suite to someone else. So it was with particular interest that I opened the pages of Spencer Johnson's best-seller, truly wanting to know: what should a rational person do when their cheese has been moved? Dr. Johnson's tale is a simple one: two mice, Sniff

and Scurry, and two "little people" named Hem and Haw, one day discover that the traditional source of their cheese is gone. As Johnson explains it: "Cheese in this case is a metaphor for what you want to have in life, whether it is a good job, a loving relationship, money, a possession, health or spiritual peace of mind." Predictably, when the two mice realize the cheese is gone and it is not coming back, they sniff and scurry off and find an abundant new source of cheese.

[Download to continue reading...](#)

Who Moved My Cheese?: An A-Mazing Way to Deal with Change in Your Work and in Your Life
How to Make Cheese: A Home Cook's Guide to Artisan Cheese Making ~ 14 Homemade Cheese Recipes
Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating)
Who Moved My Cheese? for Teens Wine and Cheese Box Set (4 in 1): Wine Tasting, Pairing, and Serving Guide Plus Secrets of Making Perfect Cheese at Home (Etiquette Parties)
Cheese and Culture: A History of Cheese and its Place in Western Civilization 57 Delish Mac N Cheese Recipes: My All Time Favorite Mac & Cheese Recipes (57 Recipe Series) Days I Moved Through Ordinary Sounds: The Extraordinary Work of WritersCorps Teachers How the Way We Talk Can Change the Way We Work: Seven Languages for Transformation Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Your Country Is Just Not That Into You: How the Media, Wall Street, and Both Political Parties Keep on Screwing You—Even After You’ve Moved On Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and Improving Your Finances, Relationships, and Health Savannah Martin Mysteries Box Set 4-6: Close to Home, A Done Deal, Change of Heart (Savannah Martin Mysteries Boxset Book 2) French Kids Eat Everything: How Our Family Moved to France, Cured Picky Eating, Banned Snacking, and Discovered 10 Simple Rules for Raising Happy, Healthy Eaters Who Moved My Dentures? 13 False (Teeth) Truths About Long-Term Care and Aging in America Deal Breakers: When to Work On a Relationship and When to Walk Away The American Reader: Words That Moved a Nation Change Your Aura, Change Your Life: A Step-by-Step Guide to Unfolding Your Spiritual Power, Revised Edition Change Your Brain, Change Your Life: The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Anger, and Impulsiveness Change Your Story, Change Your Life: Using Shamanic and Jungian Tools to Achieve Personal Transformation

[Dmca](#)